

Shedding Light on Mental Illness. Erasing Stigma. Rewriting HOPE.

# HOPE FORUM

## INSIDE OUT



Sponsored By:



You are invited to a special screening of Inside Out, a Disney Pixar movie that helps you discover the emotional roller coaster inside your head. Join us for a **FREE SCREENING** and a special presentation on creating a **MENTAL WELLNESS TOOLBOX** for kids and adults alike.

Photo Booth. Community Resources. Free Popcorn.

Red Bluff Community Center 1500 S. Jackson Red Bluff, CA

**Thursday, May 25th @ 6:00—8:30 P.M.**

Contact [Kelly.Keith@tchsa.net](mailto:Kelly.Keith@tchsa.net) or 530-527-8491 X 3713 for more information